

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Women 100 Meter Dash Novice****KASSAA: 12.40 * 2009****Taylor Cole****KASSAA 2: 12.40 + 2006****Jessica Keating**

Name	School	Prelims
Preliminaries		
1 #329 Samantha Nolk	La Salle SS	13.50Q
2 #99 Aela McGregor	Frontenac SS	13.64Q
3 #300 Leni Stos	Kingston - K	13.72Q
4 #191 Abbie Moore	Holy Cross	13.74Q
5 #202 Claire Saganowich	Holy Cross	13.94Q
6 #287 Kimiya Radmanesh	Kingston - K	14.25Q
7 #281 Michelle Olajitan	Kingston - K	14.21q
8 #159 Chisom Ekenna	Holy Cross	14.41q
9 #70 Catherine Waters	Ste-Marie-Rivier	14.46
10 #450 Abbey Foley	Sydenham Hs	14.83
11 #36 Estelle Adams	Ernestown	15.28
12 #135 Alycia Antrobus-Leach	Holy Cross	15.30
13 #498 Blaire Young	Sydenham Hs	15.52
14 #493 Brooklyn Vankoughnett	Sydenham Hs	15.96
15 #85 Nuala Doyle	Frontenac SS	16.37
16 #480 Alexis Pidgeon	Sydenham Hs	16.45
17 #27 Jazlyn Revell	Bayridge S.S	18.48

Women 100 Meter Dash Novice**KASSAA: 12.40 * 2009****Taylor Cole****KASSAA 2: 12.40 + 2006****Jessica Keating**

Name	School	Finals
Finals		
1 #329 Samantha Nolk	La Salle SS	13.32
2 #191 Abbie Moore	Holy Cross	13.54
3 #99 Aela McGregor	Frontenac SS	13.56
4 #300 Leni Stos	Kingston - K	13.58
5 #281 Michelle Olajitan	Kingston - K	13.83
6 #202 Claire Saganowich	Holy Cross	13.86
7 #287 Kimiya Radmanesh	Kingston - K	14.17
8 #159 Chisom Ekenna	Holy Cross	14.33

Women 200 Meter Dash Novice**KASSAA: 26.20 * 2024****Caitlyn Wimmer**

Name	School	Prelims
Preliminaries		
1 #99 Aela McGregor	Frontenac SS	28.31Q
2 #191 Abbie Moore	Holy Cross	28.51Q
3 #181 Ruby Manor	Holy Cross	31.28Q
4 #329 Samantha Nolk	La Salle SS	28.42Q
5 #70 Catherine Waters	Ste-Marie-Rivier	30.56Q
6 #333 Clare Schaule	La Salle SS	33.15Q
7 #202 Claire Saganowich	Holy Cross	28.65q
8 #287 Kimiya Radmanesh	Kingston - K	29.59q
9 #286 Sarah Playter-Tufts	Kingston - K	30.61
10 #450 Abbey Foley	Sydenham Hs	31.04
11 #428 Vivian McKeown	Regiopolis-N	32.66
12 #37 Kaylee Corneau	Ernestown	32.95
13 #480 Alexis Pidgeon	Sydenham Hs	33.75
14 #493 Brooklyn Vankoughnett	Sydenham Hs	33.84

15 #190 Hailee McLachlan	Holy Cross	34.46
16 #335 Abigail Sousa	La Salle SS	34.47
17 #454 Olivia Goslin	Sydenham Hs	35.26
18 #85 Nuala Doyle	Frontenac SS	35.56

Women 200 Meter Dash Novice**KASSAA: 26.20 * 2024****Caitlyn Wimmer**

Name	School	Finals
Finals		
1 #329 Samantha Nolk	La Salle SS	27.76
2 #191 Abbie Moore	Holy Cross	27.99
3 #99 Aela McGregor	Frontenac SS	28.13
4 #202 Claire Saganowich	Holy Cross	28.45
5 #287 Kimiya Radmanesh	Kingston - K	29.07
6 #70 Catherine Waters	Ste-Marie-Rivier	29.64
7 #181 Ruby Manor	Holy Cross	31.44

Women 400 Meter Dash Novice**KASSAA: 57.73 * 2017****Anna Workman**

Name	School	Finals
Finals		
1 #186 Blake McAuley	Holy Cross	1:04.07
2 #99 Aela McGregor	Frontenac SS	1:05.90
3 #38 Alana De Bliet	Ernestown	1:09.64
4 #470 Olive McCullough	Sydenham Hs	1:10.05
5 #287 Kimiya Radmanesh	Kingston - K	1:10.41
6 #334 Madison Snider	La Salle SS	1:11.16
7 #310 Brynn Alblas	La Salle SS	1:12.29
8 #135 Alycia Antrobus-Leach	Holy Cross	1:13.31
9 #151 Natalie Davis	Holy Cross	1:17.79
10 #490 Khloe Tooley	Sydenham Hs	1:20.74
11 #27 Jazlyn Revell	Bayridge S.S	1:40.90

Women 800 Meter Run Novice**KASSAA: 2:18.59 * 2017****Anna Workman**

Name	School	Finals
Finals		
1 #272 Maeve Marshall	Kingston - K	2:30.24
2 #296 Tessa Sauerbrei	Kingston - K	2:31.48
3 #38 Alana De Bliet	Ernestown	2:44.27
4 #116 Charlie Willman	Frontenac SS	2:47.79
5 #360 Emma Allen	Napanee Dist	2:53.83
6 #143 Lily Boyles	Holy Cross	3:10.56
7 #446 Madison Bryant	Sydenham Hs	3:11.64

Women 1500 Meter Run Novice**KASSAA: 4:48.71 * 2025****Vicky Malik**

Name	School	Finals
Finals		
1 #272 Maeve Marshall	Kingston - K	5:03.38
2 #296 Tessa Sauerbrei	Kingston - K	5:05.64
3 #186 Blake McAuley	Holy Cross	5:40.75
4 #38 Alana De Bliet	Ernestown	5:42.45
5 #116 Charlie Willman	Frontenac SS	5:57.80
6 #359 Abby White	Loyalist Cvi	6:07.24
7 #360 Emma Allen	Napanee Dist	6:16.32

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Women 1500 Meter Run Novice)**

	Name	School	Finals
8	#143 Lily Boyles	Holy Cross	6:26.22
9	#446 Madison Bryant	Sydenham Hs	6:42.18

Women 3000 Meter Run Novice**KASSAA: 10:34.37 * 2025****Vicky Malik**

	Name	School	Finals
Finals			
1	#272 Maeve Marshall	Kingston - K	10:46.38
2	#296 Tessa Sauerbrei	Kingston - K	10:48.87
3	#249 Stella Grace	Kingston - K	11:50.16
4	#359 Abby White	Loyalist Cvi	12:58.09
5	#143 Lily Boyles	Holy Cross	13:39.78

Women 80 Meter Hurdles Novice**KASSAA: 12.80 * 2011****Jazmine Battle**

	Name	School	Prelims
Preliminaries			
1	#300 Leni Stos	Kingston - K	13.16Q
2	#306 Emily Wimmer	Kingston - K	13.31Q
3	#286 Sarah Playter-Tufts	Kingston - K	13.94Q
4	#403 Meira Weese	Napanee Dist	14.29Q
5	#483 Rilynn Sabourin	Sydenham Hs	15.74Q
6	#48 Isobel Rodgers	Ernestown	19.45Q
7	#202 Claire Saganowich	Holy Cross	15.97q
8	#498 Blaire Young	Sydenham Hs	16.36q
9	#428 Vivian McKeown	Regiopolis-N	16.56

Women 80 Meter Hurdles Novice**KASSAA: 12.80 * 2011****Jazmine Battle**

	Name	School	Finals
Finals			
1	#300 Leni Stos	Kingston - K	13.30
2	#306 Emily Wimmer	Kingston - K	13.54
3	#286 Sarah Playter-Tufts	Kingston - K	13.89
4	#403 Meira Weese	Napanee Dist	14.26
5	#202 Claire Saganowich	Holy Cross	16.06
6	#483 Rilynn Sabourin	Sydenham Hs	16.42
7	#498 Blaire Young	Sydenham Hs	16.45
8	#48 Isobel Rodgers	Ernestown	18.26

Women 300 Meter Hurdles Novice**KASSAA: 46.40 * 2007****Kristen Mullen**

	Name	School	Finals
Finals			
1	#277 Tessa Miller	Kingston - K	48.79
2	#306 Emily Wimmer	Kingston - K	49.20
3	#286 Sarah Playter-Tufts	Kingston - K	50.87
4	#186 Blake McAuley	Holy Cross	52.03
5	#201 Talia Rizzo	Holy Cross	53.02
6	#498 Blaire Young	Sydenham Hs	56.33
7	#470 Olive McCullough	Sydenham Hs	56.49
8	#428 Vivian McKeown	Regiopolis-N	56.56

Women 4x100 Meter Relay Novice**KASSAA: 52.04 * 2017****Frontenac S.S.**

	Team	Relay	Finals
Finals			
1	Kingston - Kingston		53.81
2	Holy Cross - Kingston		54.59
3	La Salle SS		57.20
4	Sydenham Hs		57.97
5	Ernestown - Odessa		1:00.60

Women High Jump Novice**KASSAA: 1.50m * 2005****Shade Makinde**

	Name	School	Finals
Finals			
1	#98 Rosie McDowell	Frontenac SS	J1.48m
2	#306 Emily Wimmer	Kingston - K	J1.35m
3	#109 Emma Ripmeester	Frontenac SS	J1.35m
4	#77 Adele Casterton	Frontenac SS	J1.20m
---	#107 Bryn Quail	Frontenac SS	NH

Women Pole Vault Novice**KASSAA: 2.25m * 2019****Lexi Sotriadis**

	Name	School	Finals
Finals			
1	#403 Meira Weese	Napanee Dist	2.50m*
2	#249 Stella Grace	Kingston - K	J1.40m
3	#238 Anna Collier	Kingston - K	J1.40m

Women Long Jump Novice**KASSAA: 4.82m * 2011****Celina Grey**

	Name	School	Finals
Finals			
1	#159 Chisom Ekenna	Holy Cross	4.69m
2	#300 Leni Stos	Kingston - K	4.51m
3	#281 Michelle Olajitan	Kingston - K	4.48m
3	#259 Grace Joannette	Kingston - K	4.48m
5	#36 Estelle Adams	Ernestown	4.18m
6	#98 Rosie McDowell	Frontenac SS	4.14m
7	#181 Ruby Manor	Holy Cross	3.72m
8	#154 Jordyn Demerah-Cadieu	Holy Cross	3.48m
9	#454 Olivia Goslin	Sydenham Hs	3.24m
10	#1 Ines Alvarez	Bayridge S.S	2.92m
11	#132 Maya Akandwanaho	Holy Cross	2.06m
---	#175 Nkechi Ibida	Holy Cross	ND
---	#438 Hope Wenje	Regiopolis-N	ND
---	#466 Leah Jones	Sydenham Hs	ND
---	#277 Tessa Miller	Kingston - K	ND

Women Triple Jump Novice**KASSAA: 11.55m * 2017****Aaliyah Edwards**

	Name	School	Finals
Finals			
1	#259 Grace Joannette	Kingston - K	9.84m
2	#483 Rilynn Sabourin	Sydenham Hs	9.38m
3	#159 Chisom Ekenna	Holy Cross	9.26m
4	#36 Estelle Adams	Ernestown	9.22m

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Women Triple Jump Novice)**

	Name	School	Finals
5	#238 Anna Collier	Kingston - K	9.16m
6	#201 Talia Rizzo	Holy Cross	8.98m
7	#154 Jordyn Demerah-Cadieu	Holy Cross	8.30m

Women Shot Put Novice**KASSAA: 10.50m * 2018****Emily Swaine**

	Name	School	Finals
Finals			
1	#419 Caleigh Graham	Regiopolis-N	9.94m
2	#199 Amaya Raftis-Munroe	Holy Cross	8.56m
3	#51 Jubeleigh Clarke	Ste-Marie-Rivier	8.08m
4	#34 Addy Swaine	Bayridge S.S	8.02m
5	#318 Ella Ingimundson	La Salle SS	7.81m
6	#372 Winnifred Davey	Napanee Dist	7.68m
7	#149 Grace Collins	Holy Cross	7.54m
8	#48 Isobel Rodgers	Ernestown	7.21m
9	#121 Sage Dupuis	Granite Ridge	6.54m
10	#132 Maya Akandwanaho	Holy Cross	6.35m
---	#55 Faith Dossou	Ste-Marie-Rivier	ND

Women Discus Throw Novice**KASSAA: 29.37m * 2018****Emily Swaine**

	Name	School	Finals
Finals			
1	#318 Ella Ingimundson	La Salle SS	23.12m
2	#199 Amaya Raftis-Munroe	Holy Cross	20.25m
3	#60 Mayal McDonald	Ste-Marie-Rivier	19.95m
4	#149 Grace Collins	Holy Cross	19.79m
5	#34 Addy Swaine	Bayridge S.S	19.38m
6	#121 Sage Dupuis	Granite Ridge	17.85m
7	#58 Kristal Gaudet	Ste-Marie-Rivier	17.68m
8	#48 Isobel Rodgers	Ernestown	12.61m

Women Javelin Throw Novice**KASSAA: 31.29m * 2006****Meredith Papps**

	Name	School	Finals
Finals			
1	#58 Kristal Gaudet	Ste-Marie-Rivier	23.15m
2	#149 Grace Collins	Holy Cross	22.69m
3	#34 Addy Swaine	Bayridge S.S	20.62m
4	#60 Mayal McDonald	Ste-Marie-Rivier	15.51m
5	#372 Winnifred Davey	Napanee Dist	14.08m
6	#466 Leah Jones	Sydenham Hs	14.04m

Women 100 Meter Dash Junior**KASSAA: 12.43 * 2004****Amy Blaser**

	Name	School	Prelims
Preliminaries			
1	#394 Mila Pyke	Napanee Dist	13.82Q
2	#489 Ellamae Timpson	Sydenham Hs	14.05Q
3	#386 Claire Jarmin	Napanee Dist	14.18Q
4	#244 Megan Ellacott	Kingston - K	13.98Q
5	#276 Aaliyah Meynert	Kingston - K	14.11Q
6	#255 Charlotte Jackson	Kingston - K	14.34Q

7	#216 Lily Westerkamp	Holy Cross	14.09q
8	#431 Emmy Scovill	Regiopolis-N	14.55q
9	#187 Harper McEvoy	Holy Cross	14.62
10	#487 Della Smith	Sydenham Hs	14.71
11	#326 Morgan McKane	La Salle SS	14.80
12	#175 Nkechi Ibida	Holy Cross	14.83
13	#424 Lucy Lake	Regiopolis-N	15.18
14	#435 Allie Tschakovsky	Regiopolis-N	15.19
15	#309 Mackenzie Abrams	La Salle SS	15.35
16	#131 Lindy Adolphe	Holy Cross	15.35
17	#358 Tehilah Wasinda	Loyalist Cvi	15.35
18	#353 Meghan Moore	Loyalist Cvi	16.41
19	#321 Kaitlyn Kennedy	La Salle SS	17.06
20	#336 Alex Spencer	La Salle SS	17.77
21	#415 Lea Rose Chabot	Regiopolis-N	18.29

Women 100 Meter Dash Junior**KASSAA: 12.43 * 2004****Amy Blaser**

	Name	School	Finals
Finals			
1	#386 Claire Jarmin	Napanee Dist	13.72
2	#489 Ellamae Timpson	Sydenham Hs	13.80
3	#394 Mila Pyke	Napanee Dist	13.83
4	#244 Megan Ellacott	Kingston - K	13.93
5	#276 Aaliyah Meynert	Kingston - K	13.96
6	#216 Lily Westerkamp	Holy Cross	14.01
7	#255 Charlotte Jackson	Kingston - K	14.01
8	#431 Emmy Scovill	Regiopolis-N	14.34

Women 200 Meter Dash Junior**KASSAA: 26.20 * 2010****Taylor Cole**

	Name	School	Prelims
Preliminaries			
1	#216 Lily Westerkamp	Holy Cross	29.02Q
2	#244 Megan Ellacott	Kingston - K	29.46Q
3	#255 Charlotte Jackson	Kingston - K	29.23Q
4	#386 Claire Jarmin	Napanee Dist	29.72Q
5	#342 Mallory Bush	Loyalist Cvi	29.34Q
6	#187 Harper McEvoy	Holy Cross	30.27Q
7	#326 Morgan McKane	La Salle SS	30.69q
8	#175 Nkechi Ibida	Holy Cross	30.96q
9	#358 Tehilah Wasinda	Loyalist Cvi	32.55
10	#209 Emily Twigg	Holy Cross	34.21
11	#321 Kaitlyn Kennedy	La Salle SS	36.63
12	#336 Alex Spencer	La Salle SS	39.22
13	#357 Duaa Tidani	Loyalist Cvi	40.99
14	#415 Lea Rose Chabot	Regiopolis-N	45.60

Women 200 Meter Dash Junior**KASSAA: 26.20 * 2010****Taylor Cole**

	Name	School	Finals
Finals			
1	#342 Mallory Bush	Loyalist Cvi	28.68
2	#216 Lily Westerkamp	Holy Cross	29.00
3	#244 Megan Ellacott	Kingston - K	29.02
4	#255 Charlotte Jackson	Kingston - K	29.03

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Women 200 Meter Dash Junior)**

	Name	School	Finals
5	#386 Claire Jarmin	Napanee Dist	29.59
6	#326 Morgan McKane	La Salle SS	30.45
7	#175 Nkechi Ibida	Holy Cross	30.82
8	#187 Harper McEvoy	Holy Cross	31.19

Women 400 Meter Dash Junior**KASSAA: 59.00 * 2018****Anna Workman**

	Name	School	Finals
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Finals

1	#398 Carrie Sywyk	Napanee Dist	1:05.37
2	#342 Mallory Bush	Loyalist Cvi	1:06.39
3	#496 Claire Wang	Sydenham Hs	1:06.53
4	#255 Charlotte Jackson	Kingston - K	1:07.54
5	#256 Glenna Jaff	Kingston - K	1:09.06
6	#379 Makena Gibson	Napanee Dist	1:10.08
7	#388 Clara Lonergan	Napanee Dist	1:11.05
8	#475 Poppy Miller	Sydenham Hs	1:14.06
9	#219 Nora Young	Holy Cross	1:16.33
10	#405 Grace Allen	Regiopolis-N	1:22.26
11	#357 Duaa Tidani	Loyalist Cvi	1:30.21
12	#247 Alex French	Kingston - K	1:52.05

Women 800 Meter Run Junior**KASSAA: 2:17.39 * 2018****Anna Workman**

	Name	School	Finals
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Finals

1	#271 Vicky Malik	Kingston - K	2:22.80
2	#461 Rhea Hollingsworth	Sydenham Hs	2:32.16
3	#496 Claire Wang	Sydenham Hs	2:34.72
4	#391 Lindsay Muli	Napanee Dist	2:35.72
5	#307 Annie Wood	Kingston - K	2:36.42
6	#388 Clara Lonergan	Napanee Dist	2:42.89
7	#229 Lily Blackwell	Kingston - K	2:44.79
8	#256 Glenna Jaff	Kingston - K	2:46.94
9	#219 Nora Young	Holy Cross	2:51.72
10	#486 Eva Sissons	Sydenham Hs	3:05.75
11	#405 Grace Allen	Regiopolis-N	3:27.52

Women 1500 Meter Run Junior**KASSAA: 4:44.98 * 2016****Brogan MacDougall**

	Name	School	Finals
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Finals

1	#271 Vicky Malik	Kingston - K	4:50.17
2	#391 Lindsay Muli	Napanee Dist	5:18.02
3	#461 Rhea Hollingsworth	Sydenham Hs	5:18.86
4	#229 Lily Blackwell	Kingston - K	5:20.81
5	#496 Claire Wang	Sydenham Hs	5:29.21
6	#307 Annie Wood	Kingston - K	5:34.56
7	#270 Kaylee Mahoney	Kingston - K	5:47.03
8	#414 Maddalena Castro	Regiopolis-N	5:53.31
9	#367 Rachel Burnett	Napanee Dist	5:58.63
10	#474 Chloe Meyer	Sydenham Hs	6:10.40
11	#486 Eva Sissons	Sydenham Hs	6:10.43
12	#61 Casey Moore	Ste-Marie-Rivier	6:57.97

13 #405 Grace Allen Regiopolis-N 7:12.71

Women 3000 Meter Run Junior**KASSAA: 9:53.80 * 2014****Branna MacDougall**

	Name	School	Finals
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Finals

1	#271 Vicky Malik	Kingston - K	9:58.48
2	#221 Eva Andrezyk	Kingston - K	11:28.92
3	#391 Lindsay Muli	Napanee Dist	11:31.85
4	#229 Lily Blackwell	Kingston - K	11:37.24
5	#270 Kaylee Mahoney	Kingston - K	12:19.62
6	#414 Maddalena Castro	Regiopolis-N	12:43.55
7	#474 Chloe Meyer	Sydenham Hs	13:18.50
8	#486 Eva Sissons	Sydenham Hs	13:28.74
---	#104 Abby Olive	Frontenac SS	DNF

Women 80 Meter Hurdles Junior**KASSAA: 11.90 * 2012****Katie Zohorsky**

	Name	School	Prelims
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Preliminaries

1	#21 Vivian King	Bayridge S.S	12.68Q
2	#398 Carrie Sywyk	Napanee Dist	13.87Q
3	#448 Kaia Dafnas	Sydenham Hs	13.76Q
4	#5 Kendall Brown	Bayridge S.S	13.91Q
5	#240 Charlotte Davison	Kingston - K	14.79Q
6	#394 Mila Pyke	Napanee Dist	15.15Q
7	#487 Della Smith	Sydenham Hs	15.86q
8	#379 Makena Gibson	Napanee Dist	16.15q
9	#52 Evelyn Cusick	Ste-Marie-Rivier	16.79
10	#499 Claire Zuliniak	Sydenham Hs	17.01
11	#276 Aaliyah Meynert	Kingston - K	19.22

Women 80 Meter Hurdles Junior**KASSAA: 11.90 * 2012****Katie Zohorsky**

	Name	School	Finals
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Finals

1	#21 Vivian King	Bayridge S.S	12.62
2	#398 Carrie Sywyk	Napanee Dist	13.26
3	#448 Kaia Dafnas	Sydenham Hs	13.30
4	#5 Kendall Brown	Bayridge S.S	13.72
5	#240 Charlotte Davison	Kingston - K	14.47
6	#394 Mila Pyke	Napanee Dist	15.16
7	#487 Della Smith	Sydenham Hs	16.09
8	#379 Makena Gibson	Napanee Dist	16.42

Women 300 Meter Hurdles Junior**KASSAA: 46.90 * 2006****Catherine Farish**

	Name	School	Finals
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Finals

1	#398 Carrie Sywyk	Napanee Dist	49.97
2	#342 Mallory Bush	Loyalist Cvi	52.62
3	#256 Glenna Jaff	Kingston - K	52.65
4	#52 Evelyn Cusick	Ste-Marie-Rivier	53.95
5	#183 Ella Mason	Holy Cross	56.17

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Women 4x100 Meter Relay Junior****KASSAA: 50.40 * 2025****Kingston Secondary School**

Team	Relay	Finals
Finals		
1	Napanee Dist	52.69
2	Kingston - Kingston	54.01
3	Sydenham Hs	54.04
4	Holy Cross - Kingston	55.78
5	Regiopolis-N	57.56
6	La Salle SS	1:02.52

Women High Jump Junior**KASSAA: 1.62m * 2008****Portia Ball**

Name	School	Finals
Finals		
1	#448 Kaia Dafnas	Sydenham Hs 1.43m
2	#231 Claire Bowman	Kingston - K 1.40m
3	#499 Claire Zuliniak	Sydenham Hs 1.30m
4	#309 Mackenzie Abrams	La Salle SS J1.25m
5	#353 Meghan Moore	Loyalist Cvi J1.25m

Women Pole Vault Junior**KASSAA: 2.85m * 2025****Kaiah Weese**

Name	School	Finals
Finals		
1	#363 Piper Ballance	Napanee Dist 2.30m

Women Long Jump Junior**KASSAA: 5.27m * 2015****Amanda Black**

Name	School	Finals
Finals		
1	#216 Lily Westerkamp	Holy Cross 4.54m
2	#448 Kaia Dafnas	Sydenham Hs J4.46m
3	#52 Evelyn Cusick	Ste-Marie-Rivier J4.46m
4	#240 Charlotte Davison	Kingston - K 4.42m
5	#424 Lucy Lake	Regiopolis-N 4.23m
5	#319 Joleen Karp	La Salle SS 4.23m
7	#231 Claire Bowman	Kingston - K 4.13m
8	#438 Hope Wenje	Regiopolis-N 4.03m
9	#378 Avery Forester	Napanee Dist 4.02m
10	#433 Jill Sydor	Regiopolis-N 3.76m
11	#487 Della Smith	Sydenham Hs 3.74m
12	#243 Aikem Dhanoa	Kingston - K 3.60m
13	#353 Meghan Moore	Loyalist Cvi 3.51m
13	#175 Nkechi Ibida	Holy Cross 3.51m
15	#209 Emily Twigg	Holy Cross 3.45m
16	#327 Sophie Myers	La Salle SS 3.44m
17	#14 Olivia Ellerton	Bayridge S.S 3.40m
18	#164 Addison Fleming	Holy Cross 3.39m
18	#288 Claire Richards	Kingston - K 3.39m
20	#432 Bella St. Germain	Regiopolis-N 3.21m
21	#320 Gurnaaz Kaur	La Salle SS 3.15m
22	#358 Tehilah Wasinda	Loyalist Cvi 2.93m
23	#313 Sanjana Bikkina	La Salle SS 2.43m

Women Triple Jump Junior**KASSAA: 10.99m * 2018****Aaliyah Edwards**

Name	School	Finals
Finals		
1	#115 Ava Van Winckle	Frontenac SS 9.75m
2	#435 Allie Tschakovsky	Regiopolis-N 9.60m
3	#240 Charlotte Davison	Kingston - K 9.27m
4	#378 Avery Forester	Napanee Dist 9.10m
5	#146 Emily Campbell	Holy Cross 8.81m
6	#104 Abby Olive	Frontenac SS 8.40m
7	#14 Olivia Ellerton	Bayridge S.S 8.37m
8	#243 Aikem Dhanoa	Kingston - K 7.78m
9	#90 Mae Gillis	Frontenac SS 7.70m
10	#299 Julia Stevens	Kingston - K 7.62m
---	#320 Gurnaaz Kaur	La Salle SS ND
---	#313 Sanjana Bikkina	La Salle SS ND

Women Shot Put Junior**KASSAA: 11.48m * 2023****Kiersten Galloway**

Name	School	Finals
Finals		
1	#193 Annie Niemann	Holy Cross 9.09m
2	#83 Alliya Derbyshire	Frontenac SS 9.04m
3	#147 Reese Canning	Holy Cross 7.79m
4	#146 Emily Campbell	Holy Cross 7.52m
5	#62 Evangeline Poirier-Deslo	Ste-Marie-Rivier 7.18m
6	#385 Natalia Hornbeek-Castil	Napanee Dist 7.16m
7	#46 Athena Powell	Ernestown 7.07m
8	#475 Poppy Miller	Sydenham Hs 6.11m

Women Discus Throw Junior**KASSAA: 32.90m * 2007****Julie Sleeth**

Name	School	Finals
Finals		
1	#83 Alliya Derbyshire	Frontenac SS 26.63m
2	#193 Annie Niemann	Holy Cross 21.69m
3	#115 Ava Van Winckle	Frontenac SS 20.17m
4	#164 Addison Fleming	Holy Cross 17.75m
5	#46 Athena Powell	Ernestown 17.00m
6	#147 Reese Canning	Holy Cross 15.29m
7	#62 Evangeline Poirier-Deslo	Ste-Marie-Rivier 14.92m
8	#385 Natalia Hornbeek-Castil	Napanee Dist 14.29m
---	#247 Alex French	Kingston - K ND

Women Javelin Throw Junior**KASSAA: 36.18m * 2007****Meredith Papps**

Name	School	Finals
Finals		
1	#115 Ava Van Winckle	Frontenac SS 28.89m
2	#164 Addison Fleming	Holy Cross 25.55m
3	#193 Annie Niemann	Holy Cross 24.51m
4	#183 Ella Mason	Holy Cross J23.34m
5	#231 Claire Bowman	Kingston - K J23.34m
6	#288 Claire Richards	Kingston - K 21.80m
7	#83 Alliya Derbyshire	Frontenac SS 18.20m

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Women Javelin Throw Junior)**

	Name	School	Finals
8	#385 Natalia Hornbeek-Castil	Napanee Dist	14.99m
9	#147 Reese Canning	Holy Cross	14.43m
---	#46 Athena Powell	Ernestown	ND

Women 100 Meter Dash Senior**KASSAA: 11.90 * 2007****Veronica Catry**

	Name	School	Prelims
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Preliminaries

1	#305 Caitlyn Wimmer	Kingston - K	12.77Q
2	#223 Amaya Barrow-McLaga	Kingston - K	13.25Q
3	#400 Carley Uens	Napanee Dist	13.75Q
4	#96 Jenna Martin	Frontenac SS	14.00Q
5	#441 Maya Banhidi	Sydenham Hs	14.03Q
6	#456 Savanna Harrington Dur	Sydenham Hs	14.08Q
7	#328 Vanna Nicholson	La Salle SS	14.22q
8	#198 Tessa Porter	Holy Cross	14.24q
9	#285 Marina Playter-Tufts	Kingston - K	14.28
10	#301 Mila Stos	Kingston - K	14.52
11	#436 Summer Vallier	Regiopolis-N	14.97
12	#207 Kaitlyn Tofts	Holy Cross	15.05
13	#208 Anika Tornow	Holy Cross	15.39
14	#82 Linnea Dennis	Frontenac SS	15.43
15	#25 Celina Parker	Bayridge S.S	15.44
16	#35 Lena Wernicke	Bayridge S.S	15.57
17	#8 Caterina Cepellotti	Bayridge S.S	16.16
18	#311 Claire Anderson	La Salle SS	16.19
19	#144 Emma Bragdon	Holy Cross	16.71
20	#477 Hailey Olnier	Sydenham Hs	17.51

Women 100 Meter Dash Senior**KASSAA: 11.90 * 2007****Veronica Catry**

	Name	School	Finals
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Finals

1	#305 Caitlyn Wimmer	Kingston - K	12.29
2	#223 Amaya Barrow-McLaga	Kingston - K	12.77
3	#400 Carley Uens	Napanee Dist	13.27
4	#441 Maya Banhidi	Sydenham Hs	13.59
5	#96 Jenna Martin	Frontenac SS	13.84
6	#456 Savanna Harrington Dur	Sydenham Hs	13.91
7	#198 Tessa Porter	Holy Cross	14.11

Women 200 Meter Dash Senior**KASSAA: 25.50 * 2001****Kim Laverty**

	Name	School	Prelims
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Preliminaries

1	#305 Caitlyn Wimmer	Kingston - K	25.78Q
2	#456 Savanna Harrington Dur	Sydenham Hs	28.57Q
3	#224 Mara Barrow-McLagan	Kingston - K	28.96Q
4	#441 Maya Banhidi	Sydenham Hs	27.98Q
5	#328 Vanna Nicholson	La Salle SS	28.71Q
6	#427 Gwenyth McKeown	Regiopolis-N	29.10Q
7	#198 Tessa Porter	Holy Cross	29.86q
8	#436 Summer Vallier	Regiopolis-N	30.51q
9	#264 Audrey Leveridge	Kingston - K	31.01

10	#207 Kaitlyn Tofts	Holy Cross	31.90
11	#82 Linnea Dennis	Frontenac SS	32.59
12	#311 Claire Anderson	La Salle SS	33.40
13	#40 Karlee Hickey	Ernestown	33.56
14	#63 Gabriella Poirier-Desloge	Ste-Marie-Rivier	34.62
15	#477 Hailey Olnier	Sydenham Hs	36.56

Women 200 Meter Dash Senior**KASSAA: 25.50 * 2001****Kim Laverty**

	Name	School	Finals
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Finals

1	#305 Caitlyn Wimmer	Kingston - K	25.10*
2	#224 Mara Barrow-McLagan	Kingston - K	26.79
3	#441 Maya Banhidi	Sydenham Hs	28.10
4	#456 Savanna Harrington Dur	Sydenham Hs	28.53
5	#427 Gwenyth McKeown	Regiopolis-N	29.21
6	#328 Vanna Nicholson	La Salle SS	29.58
7	#198 Tessa Porter	Holy Cross	29.82
8	#436 Summer Vallier	Regiopolis-N	30.81

Women 400 Meter Dash Senior**KASSAA: 57.70 * 1984****Cheryl Thibedeau**

	Name	School	Finals
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Finals

1	#224 Mara Barrow-McLagan	Kingston - K	1:00.91
2	#481 Sedona Reade	Sydenham Hs	1:03.49
3	#494 Kayl Vankoughnett	Sydenham Hs	1:04.72
4	#427 Gwenyth McKeown	Regiopolis-N	1:05.00
5	#263 Arai Legarreta	Kingston - K	1:09.02
6	#103 Natalie Mulville	Frontenac SS	1:11.77
7	#349 Willow Hart	Loyalist Cvi	1:13.69
---	#416 Meryem Ciftci	Regiopolis-N	DNF

Women 800 Meter Run Senior**KASSAA: 2:14.90 * 2014****Heather Jaros**

	Name	School	Finals
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Finals

1	#396 Gabby Stacey	Napanee Dist	2:29.67
2	#117 Maddie Willman	Frontenac SS	2:38.06
3	#97 Madi McCauley	Frontenac SS	2:45.99

Women 1500 Meter Run Senior**KASSAA: 4:32.07 * 2025****Athena Andreczyk**

	Name	School	Finals
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Finals

1	#396 Gabby Stacey	Napanee Dist	5:01.57
2	#252 Rachel Howe	Kingston - K	5:20.17
3	#117 Maddie Willman	Frontenac SS	5:23.25
4	#97 Madi McCauley	Frontenac SS	5:51.37
5	#366 Katie Buchan	Napanee Dist	5:54.98
6	#133 Jada Aliberti	Holy Cross	5:58.26
7	#337 Mila Steacy	La Salle SS	6:01.86
8	#417 Georgia Dickson	Regiopolis-N	6:05.22
9	#410 Oleksandra Bobal	Regiopolis-N	8:16.10
10	#383 Abigail Griffiths	Napanee Dist	8:57.58

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Women 3000 Meter Run Senior****KASSAA: 9:46.36 * 2025****Athena Andrecyk**

	Name	School	Finals
Finals			
1	#220 Athena Andrecyk	Kingston - K	9:42.02*
2	#396 Gabby Stacey	Napanee Dist	10:29.21
3	#252 Rachel Howe	Kingston - K	11:35.97
4	#273 Veronika Matheson	Kingston - K	12:09.14
5	#337 Mila Steacy	La Salle SS	12:31.19
6	#133 Jada Aliberti	Holy Cross	13:07.48
7	#366 Katie Buchan	Napanee Dist	13:16.57
8	#195 Valentina Petcoff Gome;	Holy Cross	14:04.71

Women 100 Meter Hurdles Senior**KASSAA: 14.77 * 2017****Claire Millard**

	Name	School	Finals
Finals			
1	#223 Amaya Barrow-McLaga	Kingston - K	15.50
2	#285 Marina Playter-Tufts	Kingston - K	16.31
3	#393 Finlay Paul	Napanee Dist	16.48
4	#395 Nara Rickard	Napanee Dist	19.84
5	#478 Arianna Phillips	Sydenham Hs	20.18

Women 400 Meter Hurdles Senior**KASSAA: 1:04.90 * 2016****Blaire Dunn**

	Name	School	Finals
Finals			
1	#224 Mara Barrow-McLagan	Kingston - K	1:09.92
2	#427 Gwenyth McKeown	Regiopolis-N	1:13.07
3	#481 Sedona Reade	Sydenham Hs	1:13.52
4	#285 Marina Playter-Tufts	Kingston - K	1:16.04

Women 4x100 Meter Relay Senior**KASSAA: 49.40 * 1993****Loyalist C.V.I.**

	Team	Relay	Finals
Finals			
1	Kingston - Kingston		48.99*
2	Napanee Dist		53.72
3	Sydenham Hs		54.30
4	Regiopolis-N		56.13
5	Holy Cross - Kingston		56.56
6	Bayridge S.S		1:01.28

Women High Jump Senior**KASSAA: 1.77m * 1987****Susan Campbell**

	Name	School	Finals
Finals			
1	#78 Liv Cole	Frontenac SS	J1.45m
2	#261 Rachel Kolosov	Kingston - K	J1.45m
3	#314 Danica Brownlee	La Salle SS	J1.45m
4	#338 Maddie Twigg	La Salle SS	1.40m
5	#120 Nadie Davis	Granite Ridge	1.30m
6	#351 Annabelle Mastorakos	Loyalist Cvi	1.25m

Women Pole Vault Senior**KASSAA: 2.75m * 2025****Alice Southall**

	Name	School	Finals
Finals			
1	#402 Kaiah Weese	Napanee Dist	2.80m*
2	#373 Sophie Donnan	Napanee Dist	2.60m
3	#80 Leah Covert	Frontenac SS	J2.45m
3	#289 Emma Richards	Kingston - K	J2.45m
5	#351 Annabelle Mastorakos	Loyalist Cvi	J2.45m
6	#142 Grace Borges	Holy Cross	J2.45m

Women Long Jump Senior**KASSAA: 5.40m * 1994****Danielle Froese**

	Name	School	Finals
Finals			
1	#400 Carley Uens	Napanee Dist	4.79m
2	#223 Amaya Barrow-McLaga	Kingston - K	4.64m
3	#338 Maddie Twigg	La Salle SS	4.57m
4	#217 Ainslie Wimmer	Holy Cross	4.55m
5	#314 Danica Brownlee	La Salle SS	4.52m
6	#176 Mikayla Irugnu	Holy Cross	4.46m
7	#205 Deanna Tanner	Holy Cross	4.04m
8	#478 Arianna Phillips	Sydenham Hs	3.96m
9	#206 Leah Tanner	Holy Cross	3.85m
10	#301 Mila Stos	Kingston - K	3.78m
11	#8 Caterina Cepellotti	Bayridge S.S	3.47m
12	#416 Meryem Ciftci	Regiopolis-N	3.03m
13	#18 Frida Hennings	Bayridge S.S	3.02m
14	#35 Lena Wernicke	Bayridge S.S	3.01m
15	#295 Ruth Santos	Kingston - K	2.75m

Women Triple Jump Senior**KASSAA: 11.07m * 2017****Claire Millard**

	Name	School	Finals
Finals			
1	#176 Mikayla Irugnu	Holy Cross	10.65m
2	#322 Stella Lakins	La Salle SS	9.61m
3	#205 Deanna Tanner	Holy Cross	9.48m
4	#206 Leah Tanner	Holy Cross	9.13m
5	#301 Mila Stos	Kingston - K	8.83m
6	#284 Nicole Pilon	Kingston - K	8.81m
7	#478 Arianna Phillips	Sydenham Hs	8.66m

Women Shot Put Senior**KASSAA: 13.22m * 1998****Nicole Clarke**

	Name	School	Finals
Finals			
1	#236 Reagan Chesney	Kingston - K	10.60m
2	#453 Gillian Goslin	Sydenham Hs	8.16m
3	#376 Parker Fawcett	Napanee Dist	8.04m
4	#29 Alyssa Sills	Bayridge S.S	7.59m
5	#172 Sydney Hunter	Holy Cross	7.56m
6	#356 Isla Sanders	Loyalist Cvi	7.51m
7	#387 Maddy Lee	Napanee Dist	6.94m
8	#123 Sarah Guigue	Granite Ridge	6.85m

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Women Shot Put Senior)**

Name	School	Finals
9 #485 Noah Sheikh	Sydenham Hs	4.39m

Women Discus Throw Senior**KASSAA: 41.40m * 1998****Erin Sepic**

Name	School	Finals
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Finals

1	#236 Reagan Chesney	Kingston - K	31.12m
2	#356 Isla Sanders	Loyalist Cvi	28.30m
3	#84 Avalyn Derbyshire	Frontenac SS	25.97m
4	#172 Sydney Hunter	Holy Cross	24.28m
5	#261 Rachel Kolosov	Kingston - K	21.53m
6	#453 Gillian Goslin	Sydenham Hs	21.38m
7	#29 Alyssa Sills	Bayridge S.S	19.43m
8	#123 Sarah Guigue	Granite Ridge	18.59m
9	#344 Sierra Carroll	Loyalist Cvi	15.94m

Women Javelin Throw Senior**KASSAA: 38.41m * 2010****Ashley Widmont**

Name	School	Finals
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Finals

1	#453 Gillian Goslin	Sydenham Hs	33.17m
2	#96 Jenna Martin	Frontenac SS	30.79m
3	#120 Nadie Davis	Granite Ridge	29.78m
4	#80 Leah Covert	Frontenac SS	27.65m
5	#172 Sydney Hunter	Holy Cross	25.58m
6	#314 Danica Brownlee	La Salle SS	23.27m
7	#4 Claire Blythe	Bayridge S.S	22.16m
8	#84 Avalyn Derbyshire	Frontenac SS	21.73m
9	#106 Addy Pixley	Frontenac SS	21.71m
10	#365 Vienna Ballance-Hinch	Napanee Dist	21.49m
11	#387 Maddy Lee	Napanee Dist	19.83m
12	#261 Rachel Kolosov	Kingston - K	18.57m
13	#409 Jane Bernard	Regiopolis-N	18.32m
14	#338 Maddie Twigg	La Salle SS	17.21m
15	#371 Annie Davey	Napanee Dist	17.15m
16	#22 Isabella Lamha	Bayridge S.S	15.76m
17	#421 Mia Hackney	Regiopolis-N	13.51m
18	#364 Avery Ballance-Hinch	Napanee Dist	12.26m
19	#491 Jocelyn Tryon	Sydenham Hs	11.59m

Women 2000 Meter Steeplechase Open**KASSAA: 7:45.74 * 2019****Mackenzie Campbell**

Name	School	Finals
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Finals

1	#249 Stella Grace	Kingston - K	8:03.96
2	#221 Eva Andrecky	Kingston - K	8:24.68
3	#363 Piper Ballance	Napanee Dist	8:27.61
4	#97 Madi McCauley	Frontenac SS	8:41.66
5	#219 Nora Young	Holy Cross	8:48.25
6	#133 Jada Aliberti	Holy Cross	9:05.02
7	#366 Katie Buchan	Napanee Dist	10:37.64
8	#410 Oleksandra Bobal	Regiopolis-N	12:10.17

Women 4x400 Meter Relay Open**KASSAA: 4:08.60 * 1992****Loyalist C.V.I.**

Team	Relay	Finals
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Finals

1	Sydenham Hs	4:20.32
2	Frontenac SS	4:33.07
3	Napanee Dist	4:34.41
4	Holy Cross - Kingston	4:36.54
5	Regiopolis-N	4:40.84
6	Kingston - Kingston	4:46.14
7	La Salle SS	4:50.21

Women 100 Meter Dash Ambulatory**KASSAA: 16.40 * 2015****Shirley Hughes-Ryan**

Name	School	Finals
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Finals

1	#41 Izzy Illas-Lamarche	Ernestown	23.98
2	#297 Claire Simmers	Kingston - K	25.24
3	#389 Harley Moon	Napanee Dist	25.31

Women 800 Meter Run Ambulatory**KASSAA: 3:47.09 * 2017****Shirley Hughes**

Name	School	Finals
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Finals

1	#297 Claire Simmers	Kingston - K	5:25.26
2	#389 Harley Moon	Napanee Dist	5:59.33

Women Shot Put Ambulatory**KASSAA: 4.10m * 2025****Harley Moon**

Name	School	Finals
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Finals

1	#389 Harley Moon	Napanee Dist	3.54m
2	#297 Claire Simmers	Kingston - K	3.51m

Women 100 Meter Dash ID**KASSAA: 15.30 * 2018****Brianna Clow**

Name	School	Finals
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Finals

1	#377 Emma Forbes-Messenge	Napanee Dist	17.19
2	#317 Peggy Hamilton	La Salle SS	17.89
3	#76 Gemma Carruthers	Frontenac SS	19.18
4	#361 Autumn Anslem	Napanee Dist	20.91
5	#330 Kiera Norris	La Salle SS	20.99
6	#141 Keiana Blacklock	Holy Cross	23.15
7	#369 Rachel Chiles	Napanee Dist	26.01

Women 800 Meter Run ID**KASSAA: 3:09.91 * 2019****Paige Heffernan**

Name	School	Finals
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Finals

1	#324 Mickey Legaultwalsh	La Salle SS	3:56.79
2	#317 Peggy Hamilton	La Salle SS	4:04.89
3	#361 Autumn Anslem	Napanee Dist	5:19.60

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Women Long Jump Standing ID****KASSAA: 1.80m * 2025****Emma Forbes-Messenger**

	Name	School	Finals
Finals			
1	#377 Emma Forbes-Messenger	Napanee Dist	1.64m
2	#324 Mickey Legaultwalsh	La Salle SS	1.48m
3	#317 Peggy Hamilton	La Salle SS	1.40m
4	#76 Gemma Carruthers	Frontenac SS	1.26m
5	#369 Rachel Chiles	Napanee Dist	1.00m

Women Shot Put ID**KASSAA: 7.85m * 2025****Paige Van Koughnett**

	Name	School	Finals
Finals			
1	#210 Paige Van Koughnett	Holy Cross	8.07m*
2	#344 Sierra Carroll	Loyalist Cvi	6.97m
3	#330 Kiera Norris	La Salle SS	5.95m
4	#361 Autumn Anslern	Napanee Dist	5.37m
5	#248 Trinity Fulton	Kingston - K	5.26m
6	#369 Rachel Chiles	Napanee Dist	5.16m
7	#76 Gemma Carruthers	Frontenac SS	4.51m
8	#141 Keiana Blacklock	Holy Cross	3.30m

Men 100 Meter Dash Novice**KASSAA: 11.10 * 2015****Cole Horsman**

	Name	School	Prelims
Preliminaries			
1	#136 Thomas Armstrong	Holy Cross	12.51Q
2	#339 Rowan Wilson	La Salle SS	12.74Q
3	#170 Brennan Hepburn	Holy Cross	12.87Q
4	#188 Grayson McGregor	Holy Cross	12.98Q
5	#418 Brayden Dugas	Regiopolis-N	13.32Q
6	#442 Jaden Bicknell	Sydenham Hs	13.42Q
7	#196 Jonathan Pham	Holy Cross	13.48q
8	#464 Max Hutchings	Sydenham Hs	13.76q
9	#465 Gavin Jones	Sydenham Hs	13.97
10	#423 Adriain Hipos	Regiopolis-N	14.11
11	#45 Rhys Murphy	Ernestown	14.18
12	#469 Wyatt Malone	Sydenham Hs	14.42
13	#44 Jack Murphy	Ernestown	14.70

Men 100 Meter Dash Novice**KASSAA: 11.10 * 2015****Cole Horsman**

	Name	School	Finals
Finals			
1	#136 Thomas Armstrong	Holy Cross	12.46
2	#339 Rowan Wilson	La Salle SS	12.55
3	#170 Brennan Hepburn	Holy Cross	12.86
4	#418 Brayden Dugas	Regiopolis-N	13.06
5	#196 Jonathan Pham	Holy Cross	13.41
6	#188 Grayson McGregor	Holy Cross	13.46
7	#442 Jaden Bicknell	Sydenham Hs	13.51
8	#464 Max Hutchings	Sydenham Hs	13.58

Men 200 Meter Dash Novice**KASSAA: 23.10 * 2015****Cole Horsman**

	Name	School	Prelims
Preliminaries			
1	#136 Thomas Armstrong	Holy Cross	25.94Q
2	#170 Brennan Hepburn	Holy Cross	26.34Q
3	#495 Jacob Vickers	Sydenham Hs	26.38Q
4	#188 Grayson McGregor	Holy Cross	26.52Q
5	#64 William Sedore	Ste-Marie-Rivier	27.19Q
6	#212 Javier Varela	Holy Cross	27.30Q
7	#265 Matthew Leveridge	Kingston - K	27.40q
8	#418 Brayden Dugas	Regiopolis-N	27.63q
9	#442 Jaden Bicknell	Sydenham Hs	27.98
10	#464 Max Hutchings	Sydenham Hs	29.03
11	#423 Adriain Hipos	Regiopolis-N	29.78
12	#226 George Bergeron	Kingston - K	30.57
13	#50 Enzo Arts	Ste-Marie-Rivier	31.54

Men 200 Meter Dash Novice**KASSAA: 23.10 * 2015****Cole Horsman**

	Name	School	Finals
Finals			
1	#136 Thomas Armstrong	Holy Cross	25.57
2	#188 Grayson McGregor	Holy Cross	26.11
3	#170 Brennan Hepburn	Holy Cross	26.11
4	#495 Jacob Vickers	Sydenham Hs	26.42
5	#212 Javier Varela	Holy Cross	26.87
6	#64 William Sedore	Ste-Marie-Rivier	27.00
7	#418 Brayden Dugas	Regiopolis-N	27.24
8	#265 Matthew Leveridge	Kingston - K	27.51

Men 400 Meter Dash Novice**KASSAA: 54.00 * 2015****Max Taylor**

	Name	School	Finals
Finals			
1	#282 Levi Paterson	Kingston - K	55.00
2	#250 Graham Hendry	Kingston - K	57.43
3	#495 Jacob Vickers	Sydenham Hs	57.59
4	#422 Abdullah Henou	Regiopolis-N	57.96
5	#212 Javier Varela	Holy Cross	59.31
6	#124 Tristan Hammond	Granite Ridge	1:01.25
7	#196 Jonathan Pham	Holy Cross	1:03.88
8	#265 Matthew Leveridge	Kingston - K	1:05.29
9	#226 George Bergeron	Kingston - K	1:05.69
10	#45 Rhys Murphy	Ernestown	1:07.06
11	#44 Jack Murphy	Ernestown	1:09.23
12	#125 Ben McPhee	Granite Ridge	1:11.41
13	#160 Gavin Elliott	Holy Cross	1:34.02

Men 800 Meter Run Novice**KASSAA: 2:05.84 * 2023****Jack Gregory**

	Name	School	Finals
Finals			
1	#266 Noah Logan	Kingston - K	2:11.12
2	#212 Javier Varela	Holy Cross	2:17.54

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Men 800 Meter Run Novice)**

	Name	School	Finals
3	#251 Gabe Howard	Kingston - K	2:17.82
4	#449 Luke English	Sydenham Hs	2:20.33
5	#93 Sam Korcok-Sogbein	Frontenac SS	2:23.86
6	#72 Tommy Bagg	Frontenac SS	2:26.45
7	#458 Evan Hawkins	Sydenham Hs	2:31.74
8	#455 Lance Harrington Durst	Sydenham Hs	2:40.15
9	#160 Gavin Elliott	Holy Cross	3:38.56

Men 1500 Meter Run Novice**KASSAA: 4:18.18 * 2023****Jack Gregory**

	Name	School	Finals
Finals			
1	#157 John Dorey	Holy Cross	4:32.27
2	#266 Noah Logan	Kingston - K	4:39.35
3	#72 Tommy Bagg	Frontenac SS	4:40.51
4	#251 Gabe Howard	Kingston - K	4:47.38
5	#93 Sam Korcok-Sogbein	Frontenac SS	4:51.66
6	#74 Simon Breadner	Frontenac SS	5:01.14
7	#449 Luke English	Sydenham Hs	5:09.97
8	#370 Ben Cooney	Napanee Dist	5:11.15
9	#192 Noah Mosier	Holy Cross	5:16.77
10	#455 Lance Harrington Durst	Sydenham Hs	5:28.76
11	#458 Evan Hawkins	Sydenham Hs	5:31.05
12	#392 Jack Nichol	Napanee Dist	6:46.96
13	#160 Gavin Elliott	Holy Cross	7:14.95

Men 3000 Meter Run Novice**KASSAA: 9:26.18 * 2023****Jack Gregory**

	Name	School	Finals
Finals			
1	#157 John Dorey	Holy Cross	9:42.27
2	#72 Tommy Bagg	Frontenac SS	10:02.55
3	#266 Noah Logan	Kingston - K	10:07.70
4	#251 Gabe Howard	Kingston - K	10:07.73
5	#93 Sam Korcok-Sogbein	Frontenac SS	10:10.32
6	#74 Simon Breadner	Frontenac SS	10:36.28
7	#370 Ben Cooney	Napanee Dist	10:57.34
8	#404 Emerson Woods	Napanee Dist	11:05.12
9	#294 Will Sanders	Kingston - K	11:11.20
10	#455 Lance Harrington Durst	Sydenham Hs	11:18.64
11	#192 Noah Mosier	Holy Cross	11:21.39

Men 100 Meter Hurdles Novice**KASSAA: 14.90 * 2015****Liam Sands****KASSAA 2: 14.90 + 2012****Brodie Latimer**

	Name	School	Finals
Finals			
1	#422 Abdullah Henou	Regiopolis-N	16.91
2	#257 Logan James	Kingston - K	17.61
3	#278 Ashton Morrow	Kingston - K	17.69
4	#442 Jaden Bicknell	Sydenham Hs	18.51

Men 300 Meter Hurdles Novice**KASSAA: 42.74 * 2019****Caleb Podgers**

	Name	School	Finals
Finals			
1	#282 Levi Paterson	Kingston - K	43.57
2	#422 Abdullah Henou	Regiopolis-N	46.60
3	#257 Logan James	Kingston - K	47.65
4	#495 Jacob Vickers	Sydenham Hs	48.31
5	#294 Will Sanders	Kingston - K	53.40

Men 4x100 Meter Relay Novice**KASSAA: 47.60 * 2008****Sydenham H.S.**

	Team	Relay	Finals
Finals			
1	Kingston - Kingston		48.63
2	Holy Cross - Kingston		48.80
3	Sydenham Hs		50.85
4	Regiopolis-N		51.16
5	Granite Ridge		54.46

Men High Jump Novice**KASSAA: 1.76m * 2007****Matt McEathron**

	Name	School	Finals
Finals			
1	#250 Graham Hendry	Kingston - K	1.60m
2	#488 James Spencer	Sydenham Hs	1.55m
3	#47 Duncan Reynolds	Ernestown	1.45m
4	#124 Tristan Hammond	Granite Ridge	1.45m
5	#304 Andrew Washburn	Kingston - K	1.40m

Men Pole Vault Novice**KASSAA: 2.70m * 2023****Micah James**

	Name	School	Finals
Finals			
1	#257 Logan James	Kingston - K	3.25m*
2	#124 Tristan Hammond	Granite Ridge	2.20m
3	#347 Nathan Foster	Loyalist Cvi	1.90m

Men Long Jump Novice**KASSAA: 5.82m * 2019****Brennan Finucane**

	Name	School	Finals
Finals			
1	#278 Ashton Morrow	Kingston - K	5.65m
2	#128 Ethan Tooley	Granite Ridge	4.62m
3	#426 Greydon Malinowski	Regiopolis-N	4.57m
4	#64 William Sedore	Ste-Marie-Rivier	4.43m
5	#304 Andrew Washburn	Kingston - K	4.32m
6	#381 Jackson Gilfillen	Napanee Dist	4.25m
7	#50 Enzo Arts	Ste-Marie-Rivier	2.97m
---	#189 Brett McKerracher	Holy Cross	ND
---	#167 Tyler Furniss	Holy Cross	ND
---	#469 Wyatt Malone	Sydenham Hs	ND
---	#298 Kyle Smith	Kingston - K	ND
---	#30 Chase Smith	Bayridge S.S	ND

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Men Triple Jump Novice****KASSAA: 12.01m * 2016****MooEh Doe**

	Name	School	Finals
Finals			
1	#282 Levi Paterson	Kingston - K	J11.79m
2	#278 Ashton Morrow	Kingston - K	J11.79m
3	#426 Greydon Malinowski	Regiopolis-N	10.07m
4	#488 James Spencer	Sydenham Hs	10.06m
5	#128 Ethan Tooley	Granite Ridge	9.90m
6	#370 Ben Cooney	Napanee Dist	9.60m

Men Shot Put Novice**KASSAA: 15.23m * 2008****Gavin Davis-Young**

	Name	School	Finals
Finals			
1	#138 Jaxen Beckles	Holy Cross	12.82m
2	#399 Matthew Travers	Napanee Dist	12.22m
3	#127 Blake Price	Granite Ridge	11.27m
4	#81 Dawson Dean-Savage	Frontenac SS	10.93m
5	#87 Oliver Gallupe	Frontenac SS	9.92m
6	#459 Cain Hill	Sydenham Hs	8.82m
---	#280 Hudson Murray	Kingston - K	ND

Men Discus Throw Novice**KASSAA: 40.70m * 2024****Trenton Raftis-Munroe**

	Name	School	Finals
Finals			
1	#138 Jaxen Beckles	Holy Cross	31.97m
2	#127 Blake Price	Granite Ridge	29.58m
3	#81 Dawson Dean-Savage	Frontenac SS	26.96m
4	#447 Spencer Buttle	Sydenham Hs	25.89m
5	#275 Quinn McCaugherty	Kingston - K	23.60m
6	#459 Cain Hill	Sydenham Hs	23.59m
7	#341 Bradley Brooks	Loyalist Cvi	21.14m
8	#54 Xavier Dewys	Ste-Marie-Rivier	19.57m
9	#12 Maneesh Dey	Loyalist Cvi	15.94m

Men Javelin Throw Novice**KASSAA: 51.52m * 2012****Ben Cross**

	Name	School	Finals
Finals			
1	#110 Jack Scotter	Frontenac SS	38.19m
2	#399 Matthew Travers	Napanee Dist	33.33m
3	#275 Quinn McCaugherty	Kingston - K	32.05m
4	#87 Oliver Gallupe	Frontenac SS	31.04m
5	#250 Graham Hendry	Kingston - K	30.62m
6	#138 Jaxen Beckles	Holy Cross	27.94m
7	#341 Bradley Brooks	Loyalist Cvi	23.01m
8	#280 Hudson Murray	Kingston - K	21.80m
9	#488 James Spencer	Sydenham Hs	20.10m
---	#54 Xavier Dewys	Ste-Marie-Rivier	ND

Men 100 Meter Dash Junior**KASSAA: 10.90 * 2007****Jason Steels**

	Name	School	Prelims
Preliminaries			
1	#303 Freddy Warren	Kingston - K	11.95Q
2	#137 Aarav Bahuguna	Holy Cross	12.05Q
3	#113 Riley Topping	Frontenac SS	11.96Q
4	#213 Ben Webster	Holy Cross	12.42Q
5	#239 Warren Cook	Kingston - K	12.34Q
6	#230 Ronan Bowie	Kingston - K	12.51Q
7	#118 Adam Yang	Frontenac SS	12.62q
8	#145 Cash Cameron	Holy Cross	12.63q
9	#235 Caden Chanook	Kingston - K	12.78
10	#65 Bastien St-Amour	Ste-Marie-Rivier	13.09
11	#178 Dayne Jones	Holy Cross	14.65
12	#375 AJ Farley	Napanee Dist	14.78

Men 100 Meter Dash Junior**KASSAA: 10.90 * 2007****Jason Steels**

	Name	School	Finals
Finals			
1	#113 Riley Topping	Frontenac SS	11.46
2	#137 Aarav Bahuguna	Holy Cross	11.71
3	#303 Freddy Warren	Kingston - K	11.94
4	#239 Warren Cook	Kingston - K	12.11
5	#213 Ben Webster	Holy Cross	12.32
6	#230 Ronan Bowie	Kingston - K	12.41
7	#145 Cash Cameron	Holy Cross	12.50
8	#118 Adam Yang	Frontenac SS	12.53

Men 200 Meter Dash Junior**KASSAA: 22.69 * 2024****Wyatt Lee**

	Name	School	Prelims
Preliminaries			
1	#113 Riley Topping	Frontenac SS	24.60Q
2	#239 Warren Cook	Kingston - K	24.78Q
3	#137 Aarav Bahuguna	Holy Cross	24.78Q
4	#203 Stephen Sloss	Holy Cross	25.49Q
5	#230 Ronan Bowie	Kingston - K	25.80Q
6	#235 Caden Chanook	Kingston - K	26.63Q
7	#118 Adam Yang	Frontenac SS	26.32q
8	#355 Ashwin Rouse	Loyalist Cvi	26.64q
9	#65 Bastien St-Amour	Ste-Marie-Rivier	27.17
10	#245 Ramin Faraz	Kingston - K	28.38
11	#165 Carter Forget	Holy Cross	30.14
12	#178 Dayne Jones	Holy Cross	30.66
13	#375 AJ Farley	Napanee Dist	31.97

Men 200 Meter Dash Junior**KASSAA: 22.69 * 2024****Wyatt Lee**

	Name	School	Finals
Finals			
1	#137 Aarav Bahuguna	Holy Cross	23.95
2	#113 Riley Topping	Frontenac SS	24.17
3	#239 Warren Cook	Kingston - K	24.65

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Men 200 Meter Dash Junior)**

	Name	School	Finals
4	#203 Stephen Sloss	Holy Cross	25.54
5	#235 Caden Chanook	Kingston - K	25.77
6	#118 Adam Yang	Frontenac SS	26.05
7	#230 Ronan Bowie	Kingston - K	26.45
8	#355 Ashwin Rouse	Loyalist Cvi	26.75

Men 400 Meter Dash Junior**KASSAA: 51.48 * 2016 Max Taylor**

	Name	School	Finals
Finals			
1	#203 Stephen Sloss	Holy Cross	55.45
2	#235 Caden Chanook	Kingston - K	56.10
3	#412 Justin Boucher	Regiopolis-N	58.86
4	#312 Jacob Bell	La Salle SS	1:00.32
5	#15 Kolby Emmons	Bayridge S.S	1:01.28
6	#375 AJ Farley	Napanee Dist	1:09.66
7	#434 Aiden Thompson	Regiopolis-N	1:10.81

Men 800 Meter Run Junior**KASSAA: 2:02.49 * 2016 Konnor Weston**

	Name	School	Finals
Finals			
1	#173 Colin Ianni	Holy Cross	2:16.28
2	#308 Jack Wordley	Kingston - K	2:26.92
3	#2 Felicien Ambale	Bayridge S.S	2:37.79
4	#71 Cameron Aikens	Frontenac SS	2:41.79
5	#15 Kolby Emmons	Bayridge S.S	2:42.34
6	#434 Aiden Thompson	Regiopolis-N	2:51.17

Men 1500 Meter Run Junior**KASSAA: 4:08.99 * 2024 Jack Gregory**

	Name	School	Finals
Finals			
1	#173 Colin Ianni	Holy Cross	4:27.62
2	#292 Hayden Runions	Kingston - K	4:30.62
3	#308 Jack Wordley	Kingston - K	4:46.42
4	#368 Brayden Card	Napanee Dist	4:55.37
5	#345 Nathan Cavano	Loyalist Cvi	5:25.77
6	#350 Tien Hu	Loyalist Cvi	5:29.10
7	#218 Zicen Xu	Holy Cross	5:32.19
8	#134 Victor Aliberti	Holy Cross	5:33.68
9	#340 Jaivik Bhogal	Loyalist Cvi	5:35.07
10	#71 Cameron Aikens	Frontenac SS	5:55.62
11	#434 Aiden Thompson	Regiopolis-N	5:56.25

Men 3000 Meter Run Junior**KASSAA: 9:16.00 * 2007 Alexander Hinton**

	Name	School	Finals
Finals			
1	#292 Hayden Runions	Kingston - K	9:34.10
2	#173 Colin Ianni	Holy Cross	9:35.75
3	#308 Jack Wordley	Kingston - K	9:59.08
4	#204 Wesley Smith	Holy Cross	10:59.35
5	#345 Nathan Cavano	Loyalist Cvi	11:43.09

6 #218 Zicen Xu Holy Cross 11:57.03

Men 100 Meter Hurdles Junior**KASSAA: 14.20 * 2015 Merik Wilcock**

	Name	School	Finals
Finals			
1	#368 Brayden Card	Napanee Dist	16.88
2	#222 Afham Awsaf	Kingston - K	18.03
3	#13 Matthew Edmunds	Bayridge S.S	19.52
4	#476 Colton Olnier	Sydenham Hs	20.84

Men 300 Meter Hurdles Junior**KASSAA: 41.50 * 2006 Dave McGinn**

	Name	School	Finals
Finals			
1	#471 Brady McKercher	Sydenham Hs	48.19
2	#368 Brayden Card	Napanee Dist	48.20
3	#13 Matthew Edmunds	Bayridge S.S	49.71
4	#2 Felicien Ambale	Bayridge S.S	49.84
5	#476 Colton Olnier	Sydenham Hs	53.02

Men 4x100 Meter Relay Junior**KASSAA: 46.30 * 2008 Sydenham H.S.**

	Team	Relay	Finals
Finals			
1	Holy Cross - Kingston		46.37
2	Kingston - Kingston		46.45
3	Sydenham Hs		49.65
4	Bayridge S.S		53.35

Men High Jump Junior**KASSAA: 1.85m * 2016 Michael Rowsell****KASSAA 2: 1.85m + 2004 Tom Hughes**

	Name	School	Finals
Finals			
1	#26 Aiden Pizzacalla	Bayridge S.S	1.45m
1	#213 Ben Webster	Holy Cross	1.45m
1	#303 Freddy Warren	Kingston - K	1.45m

Men Pole Vault Junior**KASSAA: 3.12m * 2023 Ben Strand**

	Name	School	Finals
Finals			
1	#302 Evan Stratis	Kingston - K	2.20m

Men Long Jump Junior**KASSAA: 6.59m * 2004 David Jones**

	Name	School	Finals
Finals			
1	#303 Freddy Warren	Kingston - K	5.72m
2	#145 Cash Cameron	Holy Cross	5.54m
3	#425 Brendan Lanigan	Regiopolis-N	5.49m
4	#203 Stephen Sloss	Holy Cross	5.38m
5	#179 Ethan Layne	Holy Cross	5.23m
6	#312 Jacob Bell	La Salle SS	5.17m
7	#227 Luke Berube	Kingston - K	5.00m
8	#245 Ramin Faraz	Kingston - K	4.70m

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Men Long Jump Junior)**

	Name	School	Finals
9	#26 Aiden Pizzacalla	Bayridge S.S	4.41m
10	#476 Colton Olnor	Sydenham Hs	4.15m
11	#66 J.J. Stotz	Ste-Marie-Rivier	3.97m
12	#134 Victor Aliberti	Holy Cross	3.60m
---	#65 Bastien St-Amour	Ste-Marie-Rivier	ND
---	#411 Connell Bolton	Regiopolis-N	ND

Men Triple Jump Junior**KASSAA: 12.93m * 2004****David Jones**

	Name	School	Finals
Finals			
1	#213 Ben Webster	Holy Cross	11.64m
2	#245 Ramin Faraz	Kingston - K	10.60m
3	#179 Ethan Layne	Holy Cross	10.42m
4	#218 Zicen Xu	Holy Cross	9.71m
5	#66 J.J. Stotz	Ste-Marie-Rivier	8.92m
---	#222 Afham Awsaf	Kingston - K	ND

Men Shot Put Junior**KASSAA: 15.88m * 2017****Zach Deir**

	Name	School	Finals
Finals			
1	#145 Cash Cameron	Holy Cross	12.58m
2	#452 Reid George	Sydenham Hs	12.09m
3	#171 Jak Hummel	Holy Cross	11.88m
4	#75 Wesley Brennan	Frontenac SS	11.36m
5	#182 Darian Martin	Holy Cross	10.77m
6	#129 Reid Tooley	Granite Ridge	10.75m
7	#28 Easton Serson	Bayridge S.S	10.34m
8	#105 Colby Ott	Frontenac SS	10.28m
9	#165 Carter Forget	Holy Cross	8.99m
10	#16 Nic Ferreira	Bayridge S.S	7.42m

Men Discus Throw Junior**KASSAA: 49.11m * 2010****Brandon Deslauriers**

	Name	School	Finals
Finals			
1	#468 Keith Kerr	Sydenham Hs	40.82m
2	#182 Darian Martin	Holy Cross	34.64m
3	#452 Reid George	Sydenham Hs	31.68m
4	#171 Jak Hummel	Holy Cross	29.15m
5	#425 Brendan Lanigan	Regiopolis-N	28.80m
6	#225 Cole Beck	Kingston - K	27.78m
7	#129 Reid Tooley	Granite Ridge	25.95m
8	#165 Carter Forget	Holy Cross	25.11m
9	#28 Easton Serson	Bayridge S.S	23.00m
10	#56 Ryan DuBois	Ste-Marie-Rivier	22.84m
11	#119 Michael Benoit	Granite Ridge	22.67m
12	#274 Salah Mayhoub	Kingston - K	20.16m
13	#463 Quinn Hook	Sydenham Hs	19.82m

Men Javelin Throw Junior**KASSAA: 48.85m * 2008****Aaron Gazendam**

	Name	School	Finals
Finals			
1	#425 Brendan Lanigan	Regiopolis-N	44.48m
2	#101 Dominic Memahon-Wal	Frontenac SS	40.79m
3	#451 Tyson Geenevasen	Sydenham Hs	38.10m
4	#75 Wesley Brennan	Frontenac SS	36.65m
5	#129 Reid Tooley	Granite Ridge	32.40m
6	#468 Keith Kerr	Sydenham Hs	31.62m
7	#222 Afham Awsaf	Kingston - K	30.08m
8	#119 Michael Benoit	Granite Ridge	27.89m
9	#28 Easton Serson	Bayridge S.S	27.08m
10	#182 Darian Martin	Holy Cross	25.72m
11	#225 Cole Beck	Kingston - K	25.57m
12	#452 Reid George	Sydenham Hs	23.84m
13	#26 Aiden Pizzacalla	Bayridge S.S	23.13m
14	#171 Jak Hummel	Holy Cross	20.45m
15	#274 Salah Mayhoub	Kingston - K	18.62m
16	#134 Victor Aliberti	Holy Cross	16.82m
17	#19 Owen Jenkins	Bayridge S.S	16.67m
18	#16 Nic Ferreira	Bayridge S.S	15.63m

Men 100 Meter Dash Senior**KASSAA: 10.60 * 2012****Wade Embury**

	Name	School	Prelims
Preliminaries			
1	#95 Wyatt Lee	Frontenac SS	11.17Q
2	#439 Taye Wiwchar	Regiopolis-N	11.63Q
3	#155 Nicholas Do Canto	Holy Cross	11.83Q
4	#86 Daniel Fitzgerald	Frontenac SS	11.75Q
5	#150 Elijah Daley	Holy Cross	11.81Q
6	#24 Tristen Messenger	Bayridge S.S	12.17Q
7	#94 Lucas Krol	Frontenac SS	12.17q
8	#258 Micah James	Kingston - K	12.21q
9	#88 Brady Gendron	Frontenac SS	12.40
10	#315 Will Duff	La Salle SS	12.56
11	#152 Jaime Deak	Holy Cross	12.69
12	#429 Christian Mussig	Regiopolis-N	12.81
13	#384 Isaac Hayes	Napanee Dist	12.97
14	#169 Gavin Heaney	Holy Cross	13.45
15	#492 Will Tucker	Sydenham Hs	13.62
16	#23 Kenton Meldrum	Bayridge S.S	13.65
17	#316 William Fry	La Salle SS	14.03

Men 100 Meter Dash Senior**KASSAA: 10.60 * 2012****Wade Embury**

	Name	School	Finals
Finals			
1	#95 Wyatt Lee	Frontenac SS	10.69
2	#439 Taye Wiwchar	Regiopolis-N	11.44
3	#155 Nicholas Do Canto	Holy Cross	11.44
4	#86 Daniel Fitzgerald	Frontenac SS	11.49
5	#24 Tristen Messenger	Bayridge S.S	11.91
6	#150 Elijah Daley	Holy Cross	12.03

KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Men 100 Meter Dash Senior)**

Name	School	Finals
7 #94 Lucas Krol	Frontenac SS	12.18

Men 200 Meter Dash Senior**KASSAA: 21.89 * 2025****Wyatt Lee**

Name	School	Prelims
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Preliminaries

1 #95 Wyatt Lee	Frontenac SS	23.66Q
2 #155 Nicholas Do Canto	Holy Cross	23.74Q
3 #443 Brian Black	Sydenham Hs	24.25Q
4 #439 Taye Wiwchar	Regiopolis-N	24.26Q
5 #194 Roy Ofori-Adjei	Holy Cross	24.35Q
6 #180 Landon Mackey	Holy Cross	26.06Q
7 #150 Elijah Daley	Holy Cross	24.76q
8 #88 Brady Gendron	Frontenac SS	24.91q
9 #429 Christian Mussig	Regiopolis-N	26.29
9 #413 Jackson Carter	Regiopolis-N	26.29
11 #462 Hunter Holman	Sydenham Hs	27.55
12 #111 Matthew Song	Frontenac SS	28.02
13 #460 Jared Hoag	Sydenham Hs	28.05
14 #492 Will Tucker	Sydenham Hs	28.07

Men 200 Meter Dash Senior**KASSAA: 21.89 * 2025****Wyatt Lee**

Name	School	Finals
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Finals

1 #95 Wyatt Lee	Frontenac SS	22.61
2 #439 Taye Wiwchar	Regiopolis-N	23.64
3 #443 Brian Black	Sydenham Hs	23.66
4 #155 Nicholas Do Canto	Holy Cross	23.78
5 #194 Roy Ofori-Adjei	Holy Cross	24.47
6 #150 Elijah Daley	Holy Cross	24.99
7 #88 Brady Gendron	Frontenac SS	25.19
8 #180 Landon Mackey	Holy Cross	26.54

Men 400 Meter Dash Senior**KASSAA: 49.10 * 2013****Wade Embury**

Name	School	Finals
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Finals

1 #408 Kjell Bayne	Regiopolis-N	54.71
2 #88 Brady Gendron	Frontenac SS	57.11
3 #102 Cohen Minnie	Frontenac SS	57.54
4 #140 Harrison Benn	Holy Cross	57.67
5 #479 Jeremy Phillips	Sydenham Hs	58.46
6 #407 Kaston Armstrong	Regiopolis-N	59.17
7 #482 Cole Rowat	Sydenham Hs	59.63
8 #180 Landon Mackey	Holy Cross	1:01.77
9 #53 Khartem Cusick	Ste-Marie-Rivier	1:02.81
10 #94 Lucas Krol	Frontenac SS	1:05.03
11 #49 Cooper Smith	Ernestown	1:16.15

Men 800 Meter Run Senior**KASSAA: 1:52.70 * 1986****Trevor VanNest**

Name	School	Finals
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Finals

1 #100 Cailan McGregor	Frontenac SS	1:58.31
2 #254 Sullivan Ivens	Kingston - K	2:11.22
3 #67 Yannick Svatek	Ste-Marie-Rivier	2:11.68
4 #57 Reid Gallagher	Ste-Marie-Rivier	2:19.09
5 #102 Cohen Minnie	Frontenac SS	2:21.36
6 #429 Christian Mussig	Regiopolis-N	2:23.11
7 #262 Ethan Kurylowicz	Kingston - K	2:27.65
8 #462 Hunter Holman	Sydenham Hs	2:29.66
9 #130 Brinnan Abrokwhah	Holy Cross	2:30.14
10 #59 Tristan Keating	Ste-Marie-Rivier	2:30.23
11 #253 Jacob Hu	Kingston - K	2:30.81
12 #174 Chidi Ibida	Holy Cross	2:34.50
13 #168 Leo Hanlon	Holy Cross	2:43.16

Men 1500 Meter Run Senior**KASSAA: 3:55.50 * 1986****Trevor VanNest**

Name	School	Finals
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Finals

1 #100 Cailan McGregor	Frontenac SS	4:02.73
2 #382 Jack Gregory	Napanee Dist	4:03.28
3 #397 Nate Stacey	Napanee Dist	4:27.46
4 #254 Sullivan Ivens	Kingston - K	4:28.90
5 #269 Daniel Mahoney	Kingston - K	4:29.40
6 #112 Dylan Sutton	Frontenac SS	4:43.74
7 #232 Saki Braun	Kingston - K	4:47.79
8 #57 Reid Gallagher	Ste-Marie-Rivier	5:03.16
9 #33 Jonathan Sponholz-Ruski	Bayridge S.S	5:26.00
10 #59 Tristan Keating	Ste-Marie-Rivier	5:26.29
11 #53 Khartem Cusick	Ste-Marie-Rivier	5:39.91
12 #168 Leo Hanlon	Holy Cross	6:00.92

Men 3000 Meter Run Senior**KASSAA: 8:37.19 * 2018****Carter Free**

Name	School	Finals
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Finals

1 #382 Jack Gregory	Napanee Dist	8:39.93
2 #100 Cailan McGregor	Frontenac SS	8:54.58
3 #269 Daniel Mahoney	Kingston - K	9:26.75
4 #397 Nate Stacey	Napanee Dist	9:47.63
5 #293 Matthew Sacilotto	Kingston - K	10:29.51
6 #91 Carter House	Frontenac SS	11:44.72
7 #130 Brinnan Abrokwhah	Holy Cross	12:22.23
8 #174 Chidi Ibida	Holy Cross	12:22.64
9 #33 Jonathan Sponholz-Ruski	Bayridge S.S	12:27.63
10 #168 Leo Hanlon	Holy Cross	13:54.73

Men 110 Meter Hurdles Senior**KASSAA: 14.40 * 2012****Hayden Peters**

Name	School	Finals
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Finals

1 #443 Brian Black	Sydenham Hs	15.95
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KASSAA 2026 Track & Field Championship - 2026-05-13 to 2026-05-14**CaraCo Field****Results****Finals ... (Men 110 Meter Hurdles Senior)**

	Name	School	Finals
2	#24 Tristen Messenger	Bayridge S.S	16.94
3	#20 Evan Keeler	Bayridge S.S	17.95
4	#283 Andrew Pennell	Kingston - K	18.50
5	#384 Isaac Hayes	Napanee Dist	18.52
6	#177 Amilian Joachim	Holy Cross	18.58
7	#111 Matthew Song	Frontenac SS	19.51
8	#7 Andrew Burke	Bayridge S.S	19.67

Men 400 Meter Hurdles Senior**KASSAA: 56.30 * 2012****Hayden Peters**

	Name	School	Finals
Finals			
1	#443 Brian Black	Sydenham Hs	59.10
2	#283 Andrew Pennell	Kingston - K	1:11.11
3	#408 Kjell Bayne	Regiopolis-N	1:13.40
4	#460 Jared Hoag	Sydenham Hs	1:14.81

Men 4x100 Meter Relay Senior**KASSAA: 44.00 * 1989****Kingston C.V.I.**

	Team	Relay	Finals
Finals			
1	Frontenac SS		43.34*
2	Holy Cross - Kingston		45.45
3	Sydenham Hs		45.77
4	Regiopolis-N		46.88
5	Bayridge S.S		49.82

Men High Jump Senior**KASSAA: 2.11m * 1987****Sanjaya Wijayakoon**

	Name	School	Finals
Finals			
1	#92 Noah Hungler	Frontenac SS	J1.90m
2	#497 Causton Wood	Sydenham Hs	J1.90m
3	#346 Max Dowker	Loyalist Cvi	1.72m
4	#331 Julian Pirano	La Salle SS	1.70m
5	#126 Jackson Mosher	Granite Ridge	1.65m
6	#122 Logan Gray	Granite Ridge	1.50m
7	#215 Jude Wells	Holy Cross	J1.45m
8	#211 Henry Vandyke	Holy Cross	J1.45m
---	#158 Noah Douglas	Holy Cross	NH

Men Pole Vault Senior**KASSAA: 4.33m * 1998****Mike Kleywegt**

	Name	School	Finals
Finals			
1	#258 Micah James	Kingston - K	4.50m*
2	#290 Alec Ritchie	Kingston - K	3.40m
3	#467 Matteo Jones	Sydenham Hs	2.65m

Men Long Jump Senior**KASSAA: 6.75m * 2017****Mavrick Snider****KASSAA 2: 6.75m + 1992****Ted Farndon**

	Name	School	Finals
Finals			
1	#497 Causton Wood	Sydenham Hs	6.61m

2	#472 Iain McShane	Sydenham Hs	5.65m
3	#315 Will Duff	La Salle SS	5.49m
4	#73 Mika Beaulieu	Frontenac SS	5.47m
5	#413 Jackson Carter	Regiopolis-N	5.44m
6	#162 Jack Ferguson	Holy Cross	5.37m
7	#177 Amilian Joachim	Holy Cross	5.27m
8	#153 Jaelin Dell	Holy Cross	5.22m
9	#407 Kaston Armstrong	Regiopolis-N	4.71m
10	#185 Oliver Mcarthur-Moffatt	Holy Cross	4.50m

Men Triple Jump Senior**KASSAA: 13.82m * 1982****Roger Skepple**

	Name	School	Finals
Finals			
1	#233 Luqmaan Brewster	Kingston - K	13.21m
2	#472 Iain McShane	Sydenham Hs	12.77m
3	#177 Amilian Joachim	Holy Cross	11.49m
4	#122 Logan Gray	Granite Ridge	10.80m
5	#283 Andrew Pennell	Kingston - K	J10.29m
6	#407 Kaston Armstrong	Regiopolis-N	J10.29m
7	#73 Mika Beaulieu	Frontenac SS	10.22m
8	#413 Jackson Carter	Regiopolis-N	9.98m

Men Shot Put Senior**KASSAA: 18.28m * 1998****Corey Trudeau**

	Name	School	Finals
Finals			
1	#43 Landon Middleton	Ernestown	12.91m
2	#68 Liam Wagner	Ste-Marie-Rivier	11.71m
3	#180 Landon Mackey	Holy Cross	10.79m
4	#200 Trenton Raftis-Munroe	Holy Cross	10.12m
5	#152 Jaime Deak	Holy Cross	9.39m
6	#473 Matthew Melanson	Sydenham Hs	9.23m
7	#348 Jayden Gow-Munroe	Loyalist Cvi	9.22m
8	#158 Noah Douglas	Holy Cross	8.90m

Men Discus Throw Senior**KASSAA: 53.06m * 2012****Brandon Deslauriers**

	Name	School	Finals
Finals			
1	#352 Landon Matthews	Loyalist Cvi	39.92m
2	#43 Landon Middleton	Ernestown	31.88m
3	#500 James Kennelly	Bayridge S.S	30.93m
4	#200 Trenton Raftis-Munroe	Holy Cross	30.42m
5	#17 Jack Giffin	Bayridge S.S	28.67m
6	#348 Jayden Gow-Munroe	Loyalist Cvi	25.52m
7	#156 Aiden Donohue	Holy Cross	24.89m

Men Javelin Throw Senior**KASSAA: 59.32m * 2001****Matt Murdock**

	Name	School	Finals
Finals			
1	#86 Daniel Fitzgerald	Frontenac SS	48.54m
2	#89 Jimmy Gibson	Frontenac SS	43.08m
3	#500 James Kennelly	Bayridge S.S	36.39m
4	#17 Jack Giffin	Bayridge S.S	35.11m

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CaraCo Field

Results

Finals ... (Men Javelin Throw Senior)

Name	School	Finals
5 #11 Dylan Desgagne	Bayridge S.S	34.58m
6 #94 Lucas Krol	Frontenac SS	33.52m
7 #158 Noah Douglas	Holy Cross	32.98m
8 #152 Jaime Deak	Holy Cross	31.48m
9 #460 Jared Hoag	Sydenham Hs	30.14m
10 #185 Oliver Mcarthur-Moffatt	Holy Cross	26.24m
11 #332 Dom Reeves	La Salle SS	15.47m
--- #228 Eliot Blackwell	Kingston - K	ND
--- #156 Aiden Donohue	Holy Cross	ND

Men 2000 Meter Steeplechase Open

KASSAA: 6:07.70 * 2000		Brett Burns
Name	School	Finals
Finals		
1 #254 Sullivan Ivens	Kingston - K	6:41.07
2 #397 Nate Stacey	Napanee Dist	6:55.51
3 #293 Matthew Sacilotto	Kingston - K	7:09.12
4 #112 Dylan Sutton	Frontenac SS	7:18.92
5 #57 Reid Gallagher	Ste-Marie-Rivier	7:42.90
6 #468 Keith Kerr	Sydenham Hs	7:53.21

Men 4x400 Meter Relay Open

KASSAA: 3:27.83 * 2016		Holy Cross
Team	Relay	Finals
Finals		
1 Sydenham Hs		3:50.37
2 Kingston - Kingston		3:51.58
3 Holy Cross - Kingston		3:54.37

Men 100 Meter Dash Visual

KASSAA: 15.16 * 2022		Hayen Leaf
Name	School	Finals
Finals		
1 #390 Bradley Mosher	Napanee Dist	21.62

Men 800 Meter Run Visual

Name	School	Finals
Finals		
1 #390 Bradley Mosher	Napanee Dist	6:58.41

Men Shot Put Visual

Name	School	Finals
Finals		
1 #390 Bradley Mosher	Napanee Dist	3.67m

Men 100 Meter Dash Ambulatory

KASSAA: 11.30 * 2013		Garrett Fraser
Name	School	Finals
Finals		
1 #69 Toan Wagner	Ste-Marie-Rivier	18.03

Men Shot Put Ambulatory

KASSAA: 6.81m * 2025		Tyler Neilson
Name	School	Finals
Finals		
--- #69 Toan Wagner	Ste-Marie-Rivier	DQ

Men 100 Meter Dash ID

KASSAA: 12.09 * 2018		Nathan Nowak
Name	School	Prelims
Preliminaries		
1 #6 Micoh Bugna	Bayridge S.S	13.79Q
2 #242 Lewis Day	Kingston - K	14.25Q
3 #31 Conner Smith	Bayridge S.S	14.58Q
4 #114 Caleb Turner	Frontenac SS	14.70Q
5 #457 Tommy Hasselaar	Sydenham Hs	14.83Q
6 #237 Sabeen (Nubaid) Chowd	Kingston - K	16.88Q
7 #3 Jacob Blundell	Bayridge S.S	15.10q
8 #214 Cody Welch	Holy Cross	15.31q
9 #401 Hayden Walker-Maleska	Napanee Dist	17.60
10 #246 Rory Fletcher	Kingston - K	18.57
11 #380 Aiden Gilfillen	Napanee Dist	19.92
12 #184 Keenan Matthey	Holy Cross	21.16

Men 100 Meter Dash ID

KASSAA: 12.09 * 2018		Nathan Nowak
Name	School	Finals
Finals		
1 #6 Micoh Bugna	Bayridge S.S	13.47
2 #114 Caleb Turner	Frontenac SS	14.11
3 #242 Lewis Day	Kingston - K	14.21
4 #31 Conner Smith	Bayridge S.S	14.37
5 #457 Tommy Hasselaar	Sydenham Hs	14.60
6 #3 Jacob Blundell	Bayridge S.S	14.77
7 #214 Cody Welch	Holy Cross	15.21
8 #237 Sabeen (Nubaid) Chowd	Kingston - K	16.02

Men 800 Meter Run ID

KASSAA: 2:26.05 * 2022		Corey McCaughtery
Name	School	Finals
Finals		
1 #406 Wani Amos	Regiopolis-N	2:42.30
2 #457 Tommy Hasselaar	Sydenham Hs	2:46.25
3 #362 Maddex Ashley	Napanee Dist	2:49.10
4 #108 Gaije Reid	Frontenac SS	2:55.37
5 #237 Sabeen (Nubaid) Chowd	Kingston - K	2:57.17
6 #242 Lewis Day	Kingston - K	3:12.12
7 #246 Rory Fletcher	Kingston - K	3:24.72
8 #163 Alejandro Finnie	Holy Cross	3:32.06

Men Long Jump Standing ID

KASSAA: 2.29m * 2025		Aidan Holman
Name	School	Finals
Finals		
1 #242 Lewis Day	Kingston - K	2.10m
2 #6 Micoh Bugna	Bayridge S.S	2.07m
3 #114 Caleb Turner	Frontenac SS	2.06m

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Results

Finals ... (Men Long Jump Standing ID)

	Name	School	Finals
4	#31 Conner Smith	Bayridge S.S	1.86m
5	#10 Liam Cleary	Bayridge S.S	1.83m
5	#246 Rory Fletcher	Kingston - K	1.83m
7	#406 Wani Amos	Regiopolis-N	1.81m
8	#108 Gaije Reid	Frontenac SS	1.80m
9	#3 Jacob Blundell	Bayridge S.S	1.76m
10	#362 Maddex Ashley	Napanee Dist	1.54m
11	#237 Sabeen (Nubaid) Chowd	Kingston - K	1.45m
12	#401 Hayden Walker-Maleska	Napanee Dist	1.33m
13	#380 Aiden Gilfillen	Napanee Dist	1.26m

Men Shot Put ID

KASSAA: 10.89m * 2024 Xavier Brown

	Name	School	Finals
Finals			
1	#437 Brady Warren	Regiopolis-N	10.18m
2	#214 Cody Welch	Holy Cross	9.61m
3	#10 Liam Cleary	Bayridge S.S	9.27m
4	#114 Caleb Turner	Frontenac SS	8.93m
5	#380 Aiden Gilfillen	Napanee Dist	8.69m
6	#343 Rj Card	Loyalist Cvi	6.44m
7	#3 Jacob Blundell	Bayridge S.S	6.03m
8	#401 Hayden Walker-Maleska	Napanee Dist	5.96m
9	#457 Tommy Hasselaar	Sydenham Hs	5.34m
10	#166 Landon Francis	Holy Cross	5.10m
11	#362 Maddex Ashley	Napanee Dist	4.94m
11	#31 Conner Smith	Bayridge S.S	4.94m
13	#108 Gaije Reid	Frontenac SS	4.88m
14	#6 Micoh Bugna	Bayridge S.S	4.79m
15	#184 Keenan Matthey	Holy Cross	3.63m
---	#148 Dean Christie	Holy Cross	ND

Mixed 4x400 Meter Relay Open

	Team	Relay	Finals
Finals			
1	Kingston - Kingston		4:04.77
2	Napanee Dist		4:08.84
3	Sydenham Hs		4:19.29
4	Holy Cross - Kingston		4:30.89